



**WALDORF  
SCHOOL OF THE  
PENINSULA**

FOR IMMEDIATE RELEASE

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Waldorf School Donates Bountiful Summer Harvest to Food Bank

One year ago weeds sprawled across the vacant field behind St. Athanasius Church in Mountain View. Then Waldorf School of the Peninsula moved its middle and high school grades into the site's classrooms with the dream of building a garden to benefit the church's St. Vincent De Paul food bank. Today that dream has become a reality.

On Monday, August 6 students, parents and teachers gathered at the school's Mountain View campus to harvest a bounty of summer vegetables, wheat, quinoa, amaranth and potatoes. Beautiful to behold, the staple crops rivaled the garden's flowers with colors ranging from soft yellows to bright reds and magenta.

Volunteers harvested, threshed and winnowed. In addition to the satisfaction of providing a bounty of healthy, organic grains and vegetables to the St. Vincent de Paul food pantry, they were rewarded with summer flowers and seeds to take home for their own gardens.

A vital part of the Waldorf School curriculum, gardening starts as early as Kindergarten, where children tend vegetables at the school's Los Altos campus and prepare a weekly soup that they share with the staff. To realize the ambitious vision for the Mountain View campus, gardening teacher Anastasia Sinclair enlisted Middle School students to create the design. During the annual Agriculture Week, the High School's freshman class weeded, mulched, harvested the fava bean cover crop, prepared the soil and planted squash, corn, tomatoes and beans. The "fruits" of their labors went to the food bank in late spring.

If you're in the neighborhood, stop by to take a look at the summer flowers and developing orchard. You might even take time to enjoy a picnic lunch under the palm tree.

### 21st Century Smart

nursery through high school

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